WHAT IS CLAIMED IS:

- 1. A method of preparing a pharmaceutical composition, the method comprising: contacting *in vitro* a sample comprising at least one envelope virus with an amount of a cholesterol-sequestering agent effective to lyse the envelope virus, thereby resulting in a lysate; and
- formulating at least a portion of the lysate in a pharmaceutical composition suitable for administration to a mammal, wherein the pharmaceutical composition comprises an amount of the lysate sufficient to generate an immune response against the envelope virus when administered to the mammal.
- 2. The method of claim 1, wherein the cholesterol-sequestering agent is a cyclodextrin.
 - 3. The method of claim 2, wherein the cyclodextrin is a beta-cyclodextrin.
- 4. The method of claim 3, wherein the beta-cyclodextrin is 2-OH-propyl-beta-cyclodextrin.
 - 5. The method of claim 1, wherein the envelope virus is a human immunodeficiency virus (HIV).
 - 6. The method of claim 1, wherein the envelope virus is a human herpes virus.
 - 7. The method of claim 1, wherein the envelope virus is a hepatitis virus.
- 25 8. The method of claim 1, wherein the envelope virus is a pox virus.
 - 9. The method of claim 1, wherein the envelope virus is an influenza or a parainfluenza virus.

- 10. The method of claim 1, wherein the envelope virus is a human T-cell lymphotropic virus (HTLV).
 - 11. The method of claim 1, wherein the envelope virus is a coronavirus.

- 12. The method of claim 1, wherein the sample comprises a plurality of different envelope viruses.
- 13. The method of claim 1, wherein the sample comprises a plurality of differentstrains of the envelope virus.
 - 14. The method of claim 1, wherein the pharmaceutical composition is formulated for oral administration.
- 15. The method of claim 13, wherein the pharmaceutical composition comprises an enteric coating.
 - 16. The method of claim 1, wherein the composition is formulated for intravenous administration.

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- 17. The method of claim 1, wherein the composition is formulated for intramuscular administration.
- 18. The method of claim 1, wherein the composition is formulated for subcutaneous, intradermal, inhalation, rectal, vaginal, conjunctival, or otic administration.
 - 19. A pharmaceutical composition comprising a cholesterol-sequestering agent and at least a portion of a lysate of an envelope virus, wherein the composition is suitable for administration to a mammal and comprises an amount of the lysate sufficient to generate an immune response against the envelope virus when administered to the mammal.

- 20. The pharmaceutical composition of claim 19, wherein the cholesterol-sequestering agent is a cyclodextrin.
- 21. The pharmaceutical composition of claim 20, wherein the cyclodextrin is a5 beta-cyclodextrin.
 - 22. The pharmaceutical composition of claim 21, wherein the beta-cyclodextrin is 2-OH-propyl-beta-cyclodextrin.
- 10 23. The pharmaceutical composition of claim 19, wherein the composition is formulated for oral administration.

- 24. The pharmaceutical composition of claim 23, wherein the composition is formulated as a solid dosage form.
- 25. The pharmaceutical composition of claim 24, wherein the solid dosage form is an enteric coated solid dosage form.
- 26. A method of generating an immune response in a mammal, the method comprising administering to a mammal an amount of the pharmaceutical composition of claim 19 effective to generate an immune response against an envelope virus in the mammal.
 - 27. The method of claim 26, further comprising administering to the mammal an amount of a cholesterol lowering agent effective to reduce the level of serum cholesterol in the mammal.
 - 28. A method of treating a viral infection in a mammal, the method comprising: selecting a mammal infected by an envelope virus or suspected of having been infected by an envelope virus; and
- administering to the mammal an amount of a cholesterol-sequestering agent effective to reduce viral load in the mammal.

- 29. The method of claim 28, wherein the cholesterol-sequestering agent is a cyclodextrin.
 - 30. The method of claim 29, wherein the cyclodextrin is a beta-cyclodextrin.

- 31. The method of claim 30, wherein the beta-cyclodextrin is 2-OH-propyl-beta-cyclodextrin.
- 32. The method of claim 28, wherein the amount of the cholesterol-sequestering agent administered to the mammal is effective to reduce viral load in the blood of the mammal.
 - 33. The method of claim 28, wherein the amount of the cholesterol-sequestering agent administered to the mammal is effective to reduce viral load in an interstitial space of the mammal.
 - 34. The method of claim 28, further comprising administering to the mammal an amount of a cholesterol lowering agent effective to reduce the level of serum cholesterol in the mammal.

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- 35. The method of claim 28, wherein the cholesterol-sequestering agent is administered intravenously.
- 36. The method of claim 35, wherein the cholesterol-sequestering agent is administered by a bolus injection.
 - 37. The method of claim 35, wherein the cholesterol-sequestering agent is infused into the mammal over a period of at least two minutes.
- 38. The method of claim 37, wherein the cholesterol-sequestering agent is administered in at least two intravenous administrations separated by an interval of at least one hour.

39. The method of claim 37, wherein the cholesterol-sequestering agent is administered in at least four intravenous administrations separated by an interval of at least 12 hours.

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- 40. The method of claim 28, wherein the cholesterol-sequestering agent is coadministered with at least one antiviral agent.
- 41. The method of claim 28, wherein the method comprises measuring the titer of the envelope virus after administration of the cholesterol-sequestering agent.
 - 42. The method of claim 28, wherein the method comprises measuring the titer of the envelope virus before administration of the cholesterol-sequestering agent.
- 43. The method of claim 28, wherein the method comprises measuring an immune response in the mammal against the envelope virus after administration of the cholesterol-sequestering agent.
- 44. The method of claim 28, wherein the method comprises measuring an immune response in the mammal against the envelope virus before administration of the cholesterol-sequestering agent.
 - 45. The method of claim 28, wherein the cholesterol-sequestering agent is administered to a dermal surface of the mammal.

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46. The method of claim 45, wherein the mammal has a skin lesion resulting from an infection by the envelope virus, and wherein the cholesterol-sequestering agent is applied topically to the skin lesion.

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47. The method of claim 46, wherein the topical administration of the cholesterol-sequestering agent results in a reduction in viral load in the skin lesion.

- 48. The method of claim 46, wherein the envelope virus is a herpes virus.
- 49. The method of claim 48, wherein the herpes virus is human herpes virus 1.
- 50. The method of claim 48, wherein the herpes virus is human herpes virus 2.
 - 51. The method of claim 46, wherein the envelope virus is a poxvirus.
- 52. The method of claim 45, wherein the cholesterol-sequestering agent is administered to the dermal surface in the form of a cream.
 - 53. The method of claim 45, wherein the cholesterol-sequestering agent is coadministered with at least one antiviral agent.
- 54. A method of treating or preventing an infection in a mammal, the method comprising:

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selecting a mammal infected by a microorganism or suspected of having been infected by a microorganism, wherein during at least a portion of its life cycle the microorganism enters a cell of the mammal by endocytosis; and

- administering to the mammal an amount of a cholesterol-sequestering agent effective to reduce the load of the microorganism in the mammal.
 - 55. The method of claim 54, wherein the microorganism is a bacterium.
- 56. The method of claim 54, wherein the microorganism is a mycobacterium.
 - 57. The method of claim 54, wherein the microorganism is a virus.
 - 58. The method of claim 54, wherein the microorganism is a fungus.
 - 59. The method of claim 54, wherein the microorganism is a protozoan.

- 60. The method of claim 54, wherein the cholesterol-sequestering agent is administered to the upper respiratory tract of the mammal.
- 61. The method of claim 54, wherein the cholesterol-sequestering agent is 5 administered to the lower respiratory tract of the mammal.
 - 62. The method of claim 54, wherein the cholesterol-sequestering agent is administered to the mammal by inhalation.
- 63. The method of claim 54, wherein the cholesterol-sequestering agent is 10 administered to the mammal by intrathecal administration.
 - 64. A method of generating an immune response in a mammal, the method comprising:
- 15 contacting a population of lymphocytes in vitro with an amount of the pharmaceutical composition of claim 19 effective to generate an immune response against an envelope virus, thereby resulting in activated lymphocytes; and

administering the activated lymphocytes to a mammal.

- 20 65. The method of claim 64, wherein the population of lymphocytes is derived from the mammal prior to contacting with the pharmaceutical composition.
 - 66. The method of claim 64, wherein the population of lymphocytes is derived from a second mammal prior to contacting with the pharmaceutical composition.
 - 67. A method of treating a viral infection in a mammal, the method comprising: removing blood from a mammal infected by an envelope virus; contacting the blood with an amount of a cholesterol-sequestering agent effective to reduce viral load in the blood, thereby resulting in reduced-viral load blood; and

administering the reduced-viral load blood to the mammal.

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68. The method of claim 67, wherein the blood of the mammal is perfused from a first blood vessel of the mammal, through an extracorporeal apparatus fluidly connected to the first vessel, wherein the extracorporeal apparatus adds the cholesterol-sequestering agent to the blood, and is reintroduced to the mammal in a second blood vessel that is fluidly connected to the extracorporeal apparatus.

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69. The method of claim 67, further comprising removing all or a portion of the cholesterol-sequestering agent from the reduced-viral load blood prior to administering the reduced-viral load blood to the mammal.